

2020-2021 Menu Item Carbohydrate Count

Date: 8/10/20

2020-2021 MENU ITEM	FOOD CATEGORY	Total Carbohydrate (g)	MENU	GRADE LEVEL	SERVING SIZE	Calories (kcal)	Total Fat (g)	Saturated Fat (g)
ALL AMERICAN BURGER	ENTRÉE	29.60	LUNCH/SUPPER	GR K-12	1 SERVING	275.10	8.67	2.95
ALL STAR TURKEY HOT DOG	ENTRÉE	28.00	LUNCH	GR K-12	1 SERVING	260.00	11.00	2.50
ALMOND MILK	MILK	16.00	MILK	SPECIAL DIET	8 OZ CARTON	90.00	2.50	0.00
ALOHA ROLL	GRAIN	28.00	LUNCH	ALL	1 ROLL	150.00	3.00	0.00
APPLE FRESH (RED/GREEN)	FRUIT	20.48	BREAKFAST/LUNCH	GR K-12/EEC	1 EACH	87.04	0.00	0.00
APPLE JUICE	FRUIT JUICE	14.50	BREAKFAST/LUNCH	ALL	EACH 4 OZ.	55.00	0.00	0.00
APPLE SLICES FRESH	FRUIT	8.00	BREAKFAST/LUNCH	GR K-12/EEC	1 IND. PKG	34.00	0.00	0.00
APPLESAUCE CUP	FRUIT	14.00	BREAKFAST/LUNCH	ALL	1 EACH	60.00	0.00	0.00
APPLESAUCE ORANGE DREAMSICLE	FRUIT	18.00	LUNCH/SUPPER	ALL	1 SERVING	70.00	0.00	0.00
ARTISAN ROLL 1 OZ.	GRAIN	15.00	LUNCH	EEC	1 EACH	80.00	1.00	0.00
ARTISAN ROLL 2 OZ.	GRAIN	34.00	LUNCH	GR K-12	1 EACH	160.00	2.00	0.00
BANANA	FRUIT	31.06	BREAKFAST/LUNCH	ALL	1 EACH	121.04	0.45	0.15
BANANA BREAD	ENTRÉE	51.00	BREAKFAST	GR K-12	1 SERVING	310.00	9.00	1.50
BANANA FRESH	FRUIT	31.06	BREAKFAST/LUNCH	ALL	1 EACH	121.04	0.45	0.15
BEAN & CHEESE CHIMICHANGA	ENTRÉE	43.00	LUNCH	ALL	1 SERVING	350.00	13.00	5.00
BEAN & CHEESE PUPUSA	ENTRÉE	35.00	LUNCH	GR K-12	1 SERVING	290.00	11.00	3.50
BEANS, CHEESE & RICE BURRITO	ENTRÉE	47.65	LUNCH	ALL	1 BURRITO	336.67	9.28	3.36
BEEF & CHEESE BURRITO	ENTRÉE	30.00	LUNCH	ALL	1 SERVING	290.00	14.00	5.00
BEEF SAUSAGE PANCAKE SANDWICH	ENTRÉE	15.70	BREAKFAST	ALL	1 EACH	140.32	4.69	1.57
BERRY JUICE BAR	FRUIT JUICE	9.00	SUPPER	ALL	EACH JUICE BAR	40.00	0.00	0.00
BLOOD ORANGE	FRUIT	16.47	LUNCH	ALL	1 EACH	69.42	0.00	0.00
BLUEBERRY MUFFIN	GRAIN	23.00	SNACK/SUPPER	ALL	1 EACH	130.00	3.50	0.00
BLUEBERRY PANCAKE MINI BITES	ENTRÉE	35.00	BREAKFAST	ALL	1 SERVING	210.00	6.00	1.00
BUTTERY MAPLE WAFFLE	ENTRÉE	37.00	BREAKFAST	ALL	1 SERVING	250.00	9.00	4.00
CAFÉ LA COFFEE CAKE (CUT 40)	GRAIN	53.49	BREAKFAST	GR 6-12	1 SERVING	360.79	15.01	1.81
CAFÉ LA COFFEE CAKE (CUT 72)	GRAIN	29.72	BREAKFAST	GR K-5	1 SERVING	200.44	8.34	1.00
CAFÉ LA COFFEE CAKE 3.4 OZ IND. WRAPPED	GRAIN	49.00	BREAKFAST	GR 6-12	1 IND. WRAPPED	310.00	12.00	1.50
CARA CARA ORANGE	FRUIT	13.87	LUNCH	ALL	1 EACH	58.48	0.00	0.00
CELERY STICKS (1/2 C)	VEGETABLE	2.11	LUNCH	GR K-12	1 SERVING	11.34	0.12	0.03
CHEESE BURGER SLIDERS	ENTRÉE	31.10	SUPPER	GR K-12	1 SERVING	273.00	8.00	2.90
CHEESE KIT (NOTABLES)	ENTRÉE	63.00	SUPPER	GR K-12	1 KIT	480.00	19.00	12.00
CHEESE SAUCE CUP KIT (ES FOODS)	ENTRÉE	77.00	LUNCH/SUPPER	GR K-12	1 KIT	630.00	30.70	10.00
CHEESE STICK KIT (NOTABLES)	ENTRÉE	63.00	LUNCH/SUPPER	GR K-12	1 KIT	480.00	19.00	12.00
CHEESY BREAD	GRAIN	30.00	LUNCH	GR K-12	1 EACH	240.00	8.00	4.00
CHEESY GARLIC BREAD	ENTRÉE	29.00	LUNCH/SUPPER	ALL	1 SERVING	385.00	21.71	8.00
CHEESY PILLOWS	ENTRÉE	29.00	LUNCH/SUPPER	ALL	1 SERVING	290.00	14.00	5.00
CHEEZ-IT CRACKERS	GRAIN	14.00	SNACK	ALL	1 IND. BAG	100.00	3.50	1.00
CHERRY LIMEADE SLUSH	FRUIT JUICE	15.00	LUNCH/SUPPER	ALL	1 EACH	60.00	0.00	0.00
CHERRY SMOOTH CUP	VEGETABLE	22.00	SUPPER	ALL	1 SERVING	100.00	0.00	0.00
CHICKEN & CHEESE SLIDERS	ENTRÉE	34.00	LUNCH	ALL	1 SERVING	340.00	14.00	5.00
CHICKEN NUGGETS & CORN	ENTRÉE	30.5	LUNCH	GR K-12	EACH TRAY	268.5	8.6	1.6
CHICKEN PANCAKE SANDWICH	ENTRÉE	24.00	BREAKFAST	ALL	1 SERVING	210.00	8.00	1.50
CHICKEN TENDERS, HOMESTYLE	ENTRÉE	12.20	LUNCH/SUPPER	ALL	3 EACH TENDERS	233.74	12.20	2.03
CHIK'N NUGGETS	ENTRÉE	24.72	VEGAN	GR K-12	1 SERVING	247.24	11.13	1.85
CHOCOLATE CRESCENT	GRAIN	37.00	BREAKFAST	GR K-12	1 SERVING	230.00	8.00	1.50
CHOCOLATE GRANOLA	GRAIN	18.00	SUPPER	GR K-12	EACH IND. PKG	120.00	4.00	0.00
CHOCOLATE NO NUT BUTTER KIT (ES FOODS)	ENTRÉE	74.00	LUNCH/SUPPER	GR K-12	1 KIT	580.00	29.50	3.00
CHRISPY POTATO SMILES	VEGETABLE	20.14	LUNCH	ALL	1 SERVING	130.89	4.53	0.50
CINNAMON FRENCH TOAST STICKS	ENTRÉE	29.0	BREAKFAST	ALL	EACH 2.9 OZ	210.0	7.0	2.5
CINNAMON PAN DULCE	GRAIN	33.00	BREAKFAST	GR K-12/MECH SOFT	1 SERVING	200.00	6.50	1.50
COCOA BAR	GRAIN	34.00	SUPPER	GR K-12	1 EACH	200.00	7.00	2.00
CONDIMENT - GRAPE JELLY	CONDIMENT	9.00	CONDIMENT	ALL	1 EACH	35.00	0.00	0.00
CONDIMENT - KETCHUP	CONDIMENT	2.00	CONDIMENT	ALL	1 EACH	10.00	0.00	0.00
CONDIMENT - MAYONNAISE, REDUCED CAL	CONDIMENT	1.00	CONDIMENT	ALL	1 EACH	25.00	2.50	0.00
CONDIMENT - MUSTARD	CONDIMENT	0.00	CONDIMENT	ALL	1 EACH	0.00	0.00	0.00
CONDIMENT - TACO SAUCE	CONDIMENT	0.00	CONDIMENT	ALL	1 EACH	0.00	0.00	0.00
CONDIMENT - TAPATIO HOT SAUCE	CONDIMENT	0.00	CONDIMENT	ALL	1 EACH	0.00	0.00	0.00
CONDIMENT-HONEY	CONDIMENT	7.00	CONDIMENT	GR K-12	1 EACH	25.00	0.00	0.00
CONDIMENT-SYRUP	CONDIMENT	20.00	CONDIMENT	ALL	1 EACH	80.00	0.00	0.00
CONDIMENT-TAJIN	CONDIMENT	0.00	CONDIMENT	ALL	1 EACH	2.00	0.00	0.00
COOKED BABY CARROTS	VEGETABLE	15.57	LUNCH	MECH SOFT K-12	EACH 1 CUP	66.15	0.25	0.04
COOKED BABY CARROTS	VEGETABLE	7.95	LUNCH	EEC	EACH 1/2 CUP	33.78	0.13	0.02
COOKED SPINACH	VEGETABLE	5.49	LUNCH	MECH SOFT K-12	EACH 1 CUP	34.78	0.59	0.10
CORN MUFFIN	GRAIN	33.00	LUNCH	ALL	1 EACH	190.00	6.00	0.50
CRANBERRIES, DRIED	FRUIT	27.00	LUNCH	GR K-12	1 SERVING	110.00	0.00	0.00
CREAMY MASHED POTATOES (1/2 C)	VEGETABLE	18.53	LUNCH	ALL	1 SERVING	89.35	0.87	0.49
CRISPY CHICKEN SANDWICH	ENTRÉE	45.00	LUNCH/SUPPER	ALL	1 SANDWICH	420.00	17.00	2.50
CRUNCHY CEREAL-CHEERIOS	GRAIN	20.00	BREAKFAST/SNACK	ALL	1 OZ BOWL	100.00	2.00	0.50
CRUNCHY CEREAL-CORN CHEX	GRAIN	24.00	BREAKFAST/SNACK	ALL	1 OZ BOWL	100.00	0.50	0.00
CRUNCHY CEREAL-RICE CHEX	GRAIN	24.00	BREAKFAST	ALL	1 OZ BOWL	100.00	0.50	0.00

2020-2021 MENU ITEM	FOOD CATEGORY	Total Carbohydrate (g)	MENU	GRADE LEVEL	SERVING SIZE	Calories (kcal)	Total Fat (g)	Saturated Fat (g)
CRUNCHY TORTILLA CHIPS	GRAIN	38.48	LUNCH/SUPPER	GR K-12	2 OZ IND. BAG	283.50	12.15	2.03
CUCUMBER COINS (1/2 C)	VEGETABLE	3.09	LUNCH	GR K-12	1 SERVING	12.76	0.09	0.03
DEEP DISH PEPPERONI PIZZA WG 5"	ENTRÉE	31.00	LUNCH	ALL	1 EACH	310.00	13.00	6.00
DELI CHEESE SANDWICH	ENTRÉE	26.00	LUNCH-DAILY OPTION/FIELD TRIP	ALL	1 SERVING	380.00	22.00	12.00
DELI TURKEY & CHEESE SANDWICH	ENTRÉE	29.00	LUNCH/SUPPER	GR K-12	1 SANDWICH	280.00	9.75	4.50
DELI TURKEY HAM SANDWICH	ENTRÉE	32.00	LUNCH	ALL	1 SANDWICH	270.00	8.00	2.00
DELUXE CEREAL, BLUEBERRY GRANOLA (SAN FRANOLA)	GRAIN	42.0	BREAKFAST	GR K-12	EACH BOWL	240.0	6.0	0.0
DELUXE CEREAL, CINNAMON CHEX	GRAIN	46.00	BREAKFAST	GR K-12/MECH SOFT	2 OZ BOWL	240.00	5.00	0.50
DELUXE CEREAL, CINNAMON TOAST CRUNCH	GRAIN	44.00	BREAKFAST	GR K-12/MECH SOFT	2 OZ BOWL	230.00	5.00	0.50
DELUXE CEREAL, GRANOLA CHOCOLATE ROCKIN'OLA	GRAIN	33.0	BREAKFAST	GR K-12	EACH BOWL	180.0	4.5	0.5
DELUXE CEREAL, HONEY BUNCHES OF OAT VANILLA	GRAIN	47.0	BREAKFAST	ALL	EACH 2 OZ	220.0	3.0	0.0
DRESSING - 1000 ISLAND	CONDIMENT	6.00	CONDIMENT	ALL	1 EACH	25.00	2.90	0.00
DRESSING - ASIAN SESAME	CONDIMENT	6.00	CONDIMENT	ALL	1 SERVING	140.00	12.00	2.00
DRESSING - CAESAR	CONDIMENT	1.98	CONDIMENT	ALL	1 EACH	138.45	13.85	2.47
DRESSING - FRENCH LIGHT	CONDIMENT	3.00	CONDIMENT	ALL	1 EACH	30.00	2.00	0.00
DRESSING - ITALIAN FAT FREE	CONDIMENT	3.00	CONDIMENT	ALL	1 EACH	15.00	0.00	0.00
DRESSING - RANCH (SCRATCH MADE)	CONDIMENT	0.80	CONDIMENT	ALL	1 SERVING	100.28	10.36	1.93
DRESSING - RANCH PC	CONDIMENT	4.00	CONDIMENT	ALL	1 EACH	21.00	0.60	0.00
FIESTA BEAN & CHEESE BURRITO	ENTRÉE	29.95	BREAKFAST	ALL	EACH 3.25 OZ.	214.02	6.40	2.21
FIESTA PINTO BEANS	VEGETABLE	55.87	LUNCH	MECH SOFT K-12	EACH 1 CUP	318.37	0.04	0.01
FIESTA PINTO BEANS	VEGETABLE	27.94	LUNCH	GR K-12/EEC	EACH 1/2 CUP	159.19	0.02	0.00
FISH NUGGETS	ENTRÉE	20.00	LUNCH	ALL	1 SERVING	260.00	13.00	1.50
FISH NUGGETS & CORN	ENTRÉE	36.5	LUNCH	GR K-12	EACH TRAY	328.5	13.6	1.6
FOOD & NUTRITION CRACKERS	GRAIN	22.00	SNACK	ALL	1 IND. BAG	120.00	4.00	0.00
FRENCH TOAST TRIO	GRAIN	25.61	BREAKFAST	ALL	1 SERVING	207.77	8.79	2.10
FRESH GARDEN SALAD	VEGETABLE	1.41	LUNCH	GR K-12/EEC	EACH 1/2 CUP	7.27	0.13	0.02
FROZEN JUICE CUP-LEMON BERRY SWIRL CUP	FRUIT JUICE	19.00	LUNCH	GR K-12/EEC	1 EACH	70.00	0.00	0.00
FROZEN JUICE CUP-SOUR LEMON CUP	FRUIT JUICE	20.00	LUNCH	ALL	1 EACH	70.00	0.00	0.00
FROZEN JUICE CUP-SOUR WATERMELON CUP	FRUIT JUICE	20.00	LUNCH	ALL	1 EACH	70.00	0.00	0.00
FROZEN JUICE SLUSH-CHERRY LIMEADE SLUSH	FRUIT JUICE	15.00	LUNCH/SUPPER	ALL	1 EACH	60.00	0.00	0.00
FROZEN JUICE SLUSH-KIWI STRAWBERRY SLUSH	FRUIT JUICE	15.00	SUPPER	GR K-12	1 SERVING	60.00	0.00	0.00
FROZEN JUICE SLUSH-PARADISE FRUIT JUICE SLUSH	FRUIT JUICE	16.00	SUPPER	ALL	1 SERVING	60.00	0.00	0.00
FROZEN PEACH POP	FRUIT	18.54	LUNCH	ALL	1 SERVING	75.07	0.00	0.00
FRUIT JUICE BAR-BERRY	FRUIT JUICE	9.00	SUPPER	ALL	EACH JUICE BAR	40.00	0.00	0.00
FRUIT JUICE BAR-WILD CHERRY	FRUIT JUICE	9.00	SUPPER	ALL	EACH JUICE BAR	40.00	0.00	0.00
GARLUCKY CHEESE BREAD	ENTRÉE	29.00	LUNCH/SUPPER	ALL	1 SERVING	385.00	21.71	8.00
GOLD FISH PRETZEL	GRAIN	16.00	SNACK	ALL	1 IND. BAG	90.00	1.50	0.00
GOLDEN HASH BROWN PATTIES	VEGETABLE	31.00	LUNCH	GR 6-12	EACH 1/2 CUP	250.00	13.00	2.00
GRAPES, FRESH (1/2 C)	FRUIT	16.04	LUNCH	GR K-12	1 SERVING	62.78	0.00	0.00
HUMMUS CUP	MEAT/MEAT ALT	18.0	LUNCH/SUPPER	ALL	EACH 3 OZ	110.0	2.0	0.0
ITALIAN CHEESE PACK	SUPPER	33.41	SUPPER	GR K-12	1 EACH KIT	307.78	11.21	6.04
ITALIAN CHEESE POCKET	ENTRÉE	17.00	BREAKFAST	ALL	1 EACH	160.00	6.00	3.00
MAC N' CHEESE	ENTRÉE	27.88	LUNCH	GR K-5	1 SERVING	230.00	25.45	15.76
MARINARA SAUCE CUP	VEGETABLE	7.00	LUNCH/SUPPER	ALL	1 EACH	40.00	1.00	0.00
MILK 1 % LOW FAT 1/2 PT	MILK	14.00	MILK	GR K-12	8 OZ.	120.00	2.50	1.50
MILK 1% WHITE (6 OZ.)	MILK	10.50	MILK	EEC	6 OZ.	90.00	1.88	1.13
MILK 100% LACTOSE FREE 1/2 PT	MILK	13.00	MILK	GR K-12	8 OZ.	90.00	0.00	0.00
MILK FAT FREE 1/2 PT	MILK	12.00	MILK	GR K-12	8 OZ.	90.00	0.00	0.00
MILK FAT FREE CHOCOLATE 1/2 PT	MILK	22.00	MILK	GR K-12	8 OZ.	120.00	0.00	0.00
MILK STRAWBERRY 1/2 PT	MILK	20.00	MILK	GR K-12	8 OZ.	120.00	0.00	0.00
MINI CHICKEN CORN DOGS	ENTRÉE	26.67	LUNCH	GR K-12	1 SERVING	315.23	16.97	3.64
MINI POTATO TOTS	VEGETABLE	28.07	LUNCH	MECH SOFT K-12	EACH 1 CUP	180.45	7.02	0.00
MINI POTATO TOTS (1/2 C)	VEGETABLE	14.04	LUNCH	ALL	EACH 1/2 CUP	90.23	3.51	0.00
MIXED BERRY POP (WAWONA)	FRUIT	18.00	LUNCH	ALL	EACH 4 OZ.	70.00	0.00	0.00
MIXED FRUIT CUP	FRUIT	19.00	BREAKFAST/LUNCH	ALL	EACH 4.5 OZ CUP	80.00	0.00	0.00
MORNING BEEF SAUSAGE SANDWICH	ENTRÉE	26.30	BREAKFAST	ALL	1 EACH	213.98	6.63	1.94
ORANGE FRESH	FRUIT	15.45	BREAKFAST/LUNCH	GR K-12/EEC	1 EACH	61.79	0.16	0.03
ORANGE JUICE	FRUIT JUICE	14.00	BREAKFAST/LUNCH	ALL	EACH 4 OZ.	55.00	0.00	0.00
ORANGE MEDLEY JUICE	VEGETABLE	13.00	SUPPER	GR K-12	EACH 4.23 OZ	50.00	0.00	0.00
ORANGE SORBET JUICE COOLER	FRUIT JUICE	19.00	LUNCH	ALL	1 EACH	70.00	0.00	0.00
OVEN FRIED CHICKEN DRUMSTICK	ENTRÉE	7.48	LUNCH	GR K-12	1 EACH	254.49	14.97	3.74
OVEN ROASTED TURKEY BREAST SANDWICH	ENTRÉE	29.00	LUNCH	GR K-12	1 SANDWICH	230.00	3.50	0.50
PARADISE FRUIT JUICE SLUSH	FRUIT JUICE	16.00	SUPPER	ALL	1 SERVING	60.00	0.00	0.00
PEACH MANGO POP (WAWONA)	FRUIT	24.00	LUNCH	ALL	EACH 4 OZ.	100.00	0.00	0.00
PEAR FRESH	FRUIT	31.62	LUNCH	GR K-12/EEC	1 EACH	118.64	0.25	0.01
PETITE BABY CARROTS	VEGETABLE	5.84	LUNCH	GR K-12	EACH 1/2 CUP	24.81	0.09	0.02
PIZZABOLI (SICILIAN STYLE CHEESE CALZONE)	ENTRÉE	34.00	LUNCH	ALL	1 EACH	310.00	12.00	6.00
PLUM, FRESH	FRUIT	11.51	BREAKFAST/LUNCH	GR K-12	1 EACH	46.36	0.28	0.02

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POSSIBLE BURGER	ENTRÉE	35.00	LUNCH/VEGAN	ALL	1 BURGER	280.00	6.50	0.00
PRESIDENTS CRACKERS	GRAIN	22.00	LUNCH	ALL	1 IND. PKG	120.00	4.00	0.00
RAINBOW GOLD FISH CHEESE CRACKERS	GRAIN	14.00	SNACK	ALL	1 IND. BAG	100.00	3.50	0.50
RICE MILK	MILK	23.00	MILK	SPECIAL DIET	EACH 8 OZ.	120.00	2.50	0.00
RICE, BROWN	GRAIN	22.32	LUNCH	GR 6-12	1-DISHER #8	102.54	0.60	0.00
ROASTED POTATO WEDGES	VEGETABLE	37.09	LUNCH	MECH SOFT K-12	EACH 1 CUP	273.33	11.71	1.95
ROASTED POTATO WEDGES	VEGETABLE	18.55	LUNCH	GR K-12/EEC	EACH 1/2 CUP	136.67	5.86	0.98
ROASTED SUNFLOWER SEEDS	SEEDS	6.00	SUPPER	GR K-12	EACH 1 OZ.	170.00	14.00	2.00
RUFFLE FRIES (1/2 C)	VEGETABLE	19.55	LUNCH	ALL	1 SERVING	109.98	3.67	0.00
SALISBURY STEAK WITH GRAY IND. TRAY	ENTRÉE	4.67	LUNCH	GR K-12/EEC	1 IND. TRAY	128.83	6.44	2.37
SALSA CUP	VEGETABLE	5.00	LUNCH	GR K-12	1 EACH	25.00	0.00	0.00
SMOKED TURKEY BREAST SANDWICH	ENTRÉE	29.00	LUNCH	ALL	1 SANDWICH	230.00	3.50	0.00
SOUTHERN BUTTERMILK BISCUIT	GRAIN	25.00	LUNCH	ALL	1 EACH	170.00	6.00	4.00
SOY MILK ENRICHED 8 OZ	MILK	12.00	MILK	SPECIAL DIET	8 OZ.	140.00	5.00	0.50
STATES & CAPITALS CRACKERS	GRAIN	22.00	SNACK	ALL	1 IND. BAG	130.00	4.00	1.00
STRING CHEESE	ENTRÉE	0.00	SUPPER	GR K-12	1 EACH	80.00	6.00	3.50
SUNBUTTER KIT (NOTABLES)	ENTRÉE	78.00	SUPPER	GR K-12	1 KIT	360.00	5.50	0.50
SWEET CORN	VEGETABLE	16.07	LUNCH	GR K-12	EACH 1/2 CUP	66.63	0.57	0.08
THREE BEAN VEGAN CHILI	ENTRÉE	33.00	LUNCH	ALL	1 SERVING	180.00	0.50	0.00
TOASTED CHEESE SANDWICH	ENTRÉE	31.24	LUNCH	ALL	EACH SANDWICH	305.58	14.21	7.74
TURKEY & CHEESE BURRITO	ENTRÉE	32.4	LUNCH/SUPPER	ALL	EACH 4.7 OZ	292.0	10.3	3.9
TURKEY HAM & CHEESE ON HAWAIIAN ROLL	ENTRÉE	28.18	BREAKFAST	ALL	1 EACH	209.42	5.22	1.52
TURKEY STICK	ENTRÉE	0.00	SUPPER	GR K-12	1 EACH	40.00	1.00	0.00
VEGAN BURRITO	ENTRÉE	49.00	VEGAN	GR K-12	1 BURRITO	310.00	7.00	1.00
VEGETABLE JUICE SLUSH-TROPICAL TRIO	VEGETABLE	20.00	SUPPER	GR K-12	1 SERVING	80.00	0.00	0.00
VEGETABLE JUICE-ORANGE MEDLEY	VEGETABLE	13.00	SUPPER	GR K-12	EACH 4.23 OZ	50.00	0.00	0.00
WAFFLE CUT FRIES	VEGETABLE	26.82	LUNCH	GR K-12/EEC	EACH 1/2 CUP	175.38	6.19	1.03
WAFFLES (2)	GRAIN	28.00	LUNCH	GR 6-12	1 SERVING	180.00	6.00	0.00
WATERMELON CRANBERRIES	FRUIT	28.00	SUPPER	GR K-12	EACH IND. BAG	110.00	0.00	0.00
WG CHEESE PIZZA WEDGE	ENTRÉE	34.58	LUNCH	ALL	1 SERVING	327.81	12.85	6.10
WG DEEP DISH CHEESE PIZZA	ENTRÉE	26.00	LUNCH	ALL	1 SERVING	280.00	12.00	6.00
WG PEPPERONI PIZZA IW (ARDELLA)	ENTRÉE	34.10	LUNCH/SUPPER	GR K-12	1 SERVING	330.82	13.26	6.14
WG STRAWBERRY POCKET	GRAIN	76.00	BREAKFAST	GR K-12	1 SERVING	350.00	5.00	2.00
WHOLESOME GRANOLA	GRAIN	37.00	LUNCH	GR K-12	1 IND. BAG	240.00	9.00	1.00
WILD BERRY JUICE	FRUIT JUICE	15.00	BREAKFAST/LUNCH	ALL	EACH 4 OZ.	60.00	0.00	0.00
WILD CHERRY JUICE BAR	FRUIT JUICE	9.00	SUPPER	ALL	EACH JUICE BAR	40.00	0.00	0.00
WOW SOY BUTTER KIT (ES FOODS)	ENTRÉE	83.00	LUNCH/SUPPER	GR K-12	1 KIT	680.00	30.17	4.50
YELLOW SUBMARINE SANDWICH	ENTRÉE	27.67	LUNCH/SUPPER	GR K-12	1 SANDWICH	296.67	11.50	5.17
YOGURT & GRANOLA	ENTRÉE	75.00	LUNCH-DAILY OPTION/FIELD TRIP	GR K-12	1 SERVING	420.00	9.00	1.00
YOGURT 4 OZ. (STRAWBERRY)	ENTRÉE	12.35	BREAKFAST	GR K-12	EACH 4 OZ.	61.73	0.00	0.00
YOGURT 8 OZ. (STRAWBERRY)	ENTRÉE	38.00	LUNCH	GR K-12	EACH 8 OZ.	180.00	0.00	0.00
YOGURT PARFAIT (PEACHES)	ENTRÉE	52.94	LUNCH	GR K-12	1 SERVING	247.82	1.33	0.67
YOGURT PARFAIT (PEARS)	ENTRÉE	51.01	LUNCH	GR K-12	1 SERVING	237.11	1.41	0.67
ZESTY BEEF CHALUPA	ENTRÉE	11.18	LUNCH	GR K-5	1 SERVING	244.50	13.94	5.92